

E Zingiber officinale (Zingiberaceae)

Common name(s)

Gengibre Dulce; Lahja; Haiti; Haliya; Kunyit terus; Chiang Chiu; Shoga; Haliya padi; Atuja; Jahi; Gingembre; Gan Jiang; Jae; Haliya bara; Sonth; Sheng Chiang; Zencefil; Ginger; T'Ang Chiang; Chiang P'I; Haliya hudang; Sunthi; Kan Chiang; Djae; Chiang; Gengibre

Use	Country/Region	Reference
Abortive	Malaya	
Ache(Back)	Malaya	
Ache(Head)	Malaya	
Ache(Stomach)	Malaya	
Ache(Stomach)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Ache(Stomach)	Ethiopia	
Ache(Stomach)	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Ache(Stomach)	Trinidad	
Ache(Tooth)	Newguinea	
Ache(Tooth)	Dominican Republic	
Ache(Tooth)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Ague	Malaya	
Alopecia	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Amenorrhea	India(Santal)	
Anodyne	India(Santal)	
Anodyne	Elsewhere	
Anodyne	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Antidote(Brassica)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Antidote(Mushroom)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Antidote(Scorpion)	India(Santal)	
Antihistamine	Elsewhere	
Antioxidant	Elsewhere	
Antiseptic	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Haiti qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Anus	India(Santal)	
Apertif	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Aphrodisiac	Upper Volta	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Aphrodisiac	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Asthma	India(Santal)	
Astringent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Balsamic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Bite(Dog)	India(Santal)	
Bite(Snake)	India(Santal)	
Bite(Snake)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Bronchitis	India(Santal)	

Cancer(Breast)	US	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.
Cancer(Stomach)	China	Yey, S.D.J. 1973. Anticancer Chinese Herbal Medicines. <i>Maerican Journal of Chinese Medicine</i> 1(2): 271-274.
Carminative	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Carminative	Elsewhere	
Carminative	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. <i>Economic Botany</i> 30(2): 103-142.
Carminative	Haiti	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Carminative	Asia	Uphof, J.C. Th. 1968. <i>Dictionary of economic plants</i> . 2nd ed. Verlag von J. Cramer.
Carminative	Elsewhere	
Cataplasm	Haiti	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Chill	Haiti	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Cholera	India(Santal)	
Cold(Head)	Trinidad	
Cold(Head)	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. <i>Economic Botany</i> 30(2): 103-142.
Colic	Elsewhere	
Colic	Elsewhere	
Colic	Mexico	Martinez, Maximino. 1969. <i>Las Plantas Medinales de Mexico</i> .
Colic	Java	
Congestion	Malaya	
Cosmetic	Java	
Cough	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cough	Malaya	
Cough	India(Santal)	
Cough	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Depression	Elsewhere	
Diarrhea	India(Santal)	
Diarrhea	China	Leung, Albert Y. 1980. <i>Encyclopedia of common natural ingredients</i> . John Wiley and Sons, N.Y.
Diarrhea	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Digestive	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Digestive	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Dysentery	Philippines(Ifugao)	
Dysentery	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Dysentery	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Dyspepsia	Elsewhere	
Dyspepsia	Malaya	
Dyspepsia	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). <i>Flora of Egypt</i> . Vol. 1-4. Originally published in <i>Foriad I Univ. Bulletin of the Faculty of Science</i> , vol. 17, Cairo, 1941.
Dyspepsia	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Ecbolic	Elsewhere	
Ecchymosis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Expectorant	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Fatigue	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. <i>Les Plantes et les Legumes d'Haiti qui Guerissent</i> . Imprimerie De L'Etat, Port-

Fever	Trinidad	
Fever	Malaya	
Fever	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Fever	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Fever	India(Santal)	
Fistula	India(Santal)	
Flatulence	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Flu	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Gas	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Gingivosis	Malaya	
Gout	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Gynecology	Malaya	
Helminthiasis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hemorrhage	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hemostat	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hemostat	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Hepatitis	Malaya	
Indigestion	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Indigestion	Trinidad	
Infection	Malaya	
Intestine	Philippines(Ifugao)	
Laryngitis	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Laxative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Liqueur	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Liqueur	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Liqueur	Elsewhere	
Lochia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Malaria	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Malaria	Trinidad	
Marasmus	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Narcosis	Elsewhere	
Nausea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Nausea	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Nausea	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Opacity	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Panacea	Malaya	
Paralysis	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Paralysis	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Parturition	Malaya	
Pediculicide	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the

Perfume	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Phthisis	India(Santal)	
Poison	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Proteolytic	Elsewhere	
Puerperium	India(Santal)	
Puerperium	Malaya	
Rabies	India(Santal)	
Rheumatism	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Rheumatism	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Rheumatism	Malaya	
Rhinosi s	Malaya	
Roundworms	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Rubefacient	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Rubefacient	Elsewhere	
Sialogogue	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Sore	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Sore	Malaya	
Spice	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Spleen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Sternutatory	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Sternutatory	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Stimulant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stimulant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stimulant	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stimulant	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Stimulant	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Stimulant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stimulant	Elsewhere	
Stimulant	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Stomach	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Stomachic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stomachic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Stomachic	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Stomachic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Stomachic	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Stomachic	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.
Sudorific	Elsewhere	
Sudorific	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Sudorific	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-

Swelling	Java	
Syphilis	Malaya	
Tetanus	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Tonic	Malaya	
Tonic	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor(Hand)	Indonesia	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Ulcer	India	
Urogenital	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Vermifuge	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Wen	UK	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.